

Session 8 - Chart & Lesson Plan: Julian's Delight

Authentic Living is a Party				Four Practical Lessons			
1 Gladness and Glory	2. Final Reality is both Far and Near	3. Not Knowing Every- thing is good.	4. Walking with God includes living with estrangement	1. Avoid despairing over your despair	2. Don't project your wrath on God	3. Don't obsess on your feelings of misery	4. Don't expect a somber affair but a Party
<p style="text-align: center;">1</p> <p>Go-round: What sentence in this text was most astonishing to you?</p> <p>1. This brief essay is like one prose poem. We will read all of it aloud. To start, <i>have read aloud para 1 & 2.</i> When you realize how grim real life situations can be, what do you actually think about real life being a party?</p> <p>2. <i>Have read aloud para 3, 4, & 5.</i> Someone say how Final Reality is far, how Final Reality is near, and what you think about both of those things.</p> <p>3. <i>Have read aloud the last para on page 1.</i> Let's have several of you say how you feel about not knowing everything. Also, how do you feel about "your not knowing" being Final Reality doing all things well?</p> <p>4. <i>Have read aloud the first 4 para of page 2.</i> How is all your walking a walk with God? After several have answered that also ask: How can your thinking be seeking the thoughts of God?</p>				<p style="text-align: center;">2</p> <p style="text-align: center;">3</p> <p>Let's look at Julian's four lessons on conducting our spirit journey.</p> <p>1. <i>Have read aloud the two para of lesson 1.</i> Let someone clarify how you distinguish being contrite about your failures from despairing over your despair over those failures.</p> <p>2. <i>Have read aloud the two para of lesson 2.</i> Who will illustrate how it happens that we project our self loathing upon God. If we assume that Reality is not angry with us, but loving of us, how does that help us?</p> <p>3. <i>Have read aloud the two para of lesson 3.</i> Someone tell us how you let your self obsess over your misery. What would it mean to focus instead on the love that Final Reality has for you?</p> <p>4. <i>Have read aloud the two para of lesson 4.</i> Someone illustrate for us how in the grim moments of our lives it is still possible to have a life of gladness and delight.</p> <p><i>Have read aloud the last para.</i> Let's close with a go-round. Each of us say how Julian insights have added something to our lives.</p>			