

## Session 7 - Chart & Lesson Plan: Who Am I? How Be I? What Do I?

Spirit Moods of the:			Escapes Unnecessary	Healing Event and Holy Spirit					
1960's <b>VOID</b>	1970's <b>FULLNESS</b>	1980's & beyond <b>DEMAND</b>	1. My habits are not me & Living Beyond Personality	2. The 3-stage happening of Healing (Grace) (or The Jesus Christ Event)  3. The Chart on our experiences of the Awesome Reality / God and Holy Spirit of Awe – Awe as Trust, Love, & Freedom.  4. The Strength of Kali					
1. Endings  Emptiness  Who Am I?  Escapes	2. Beginnings  Overwhelmed  What Do I?  Escapes	3. Intensity  Scalded  How Be I?  Escapes							
1	2	3	4	5	6	7	8	9	10
<p>Go Round: Let each person say a phrase in this essay that spoke to you and how that was so.</p> <p>1. Ask for three persons to share a recent event of an ending. With each one in turn ask:                      How was this an experience of emptiness?                      How did it raise the existential question, "Who Am I?"                      How did either or both of the escapes described apply to you?</p> <p>2. Repeat with three other persons: Share a recent beginning. How was this an experience of being overwhelmed?                      How did it raise the existential question, "What Do I?"                      How did either or both of the escapes described apply to you?</p> <p>3. With two volunteers: Share a current experience in your life that has a scalding intensity?                      How did it raise the existential question, "How Be I?"                      How did either or both of the escapes described apply to you?</p>						<p>1. Have read aloud the last para on page 6 &amp; top of 7. Who can name a personality habit in your life?"                      How it is true that you are not that habit?                      Ask someone else, how is it true that you are more than your personality habits?</p> <p>2. Have read aloud the last para on page 7 &amp; top of 8. Ask 2 or 3 persons who talked about their escapes to illustrate with one of their escapes, each of the three stages of this happening called "grace."</p> <p>3. Have read aloud the next two para on top of 8. Ask the group to contemplate for three minutes the rest of 8 and the chart on page 9. Then ask for impressions about the chart and have someone answer any questions that arise.</p> <p>4. Ask 2 different persons to talk about the Kali story on page 10 and the quality of Strength as they experience it. Conclude with any further clarifications that may be needed about the symbols on this chart.</p>			